



TREATMENT MENU

TEENAGE SKIN

Acne is very common in teenagers and younger adults. About 95% of people aged 11-30 are affected by acne to some extent. For some however, it can affect a young person's confidence and social life daily.

Treating early can reduce the risk of long-term scarring.

Teenage Skin Consultation and Analysis £30

(Fully redeemable against any retail product)

Dermalux 'Photo-Facial'

Anti-bacterial clinically proven LED Therapy to calm and repair

Course of 10 sessions **£270**

Maintenance Session **£30**

'Add-on' **£20**

DIBI Detox Facial £60

A Clay Mask to detox and clarify the skin plus LED

AlumierMD 'Backne' Treatment

A Detoxifying Back Treatment **£120**

Course of 3 (plus LED worth **£90**) **£360**

For 16 - 18 year olds (with parental consent);

AlumierMD Radiant Peel £120

This three-step treatment effectively rejuvenates at multiple layers with an enhancement mask, peel and booster, resulting in a brighter, smoother and retextured complexion. Includes Post Procedure Kit.

Course of 3 (plus LED worth **£90**) **£360**

Course of 6 (plus LED and Hypo21 worth **£165**) **£720**

PREGNANCY AND BREASTFEEDING SAFE TREATMENTS

For many, pregnancy brings glowing skin, rosy cheeks and shiny hair. Some, however, may struggle with acne, melasma (dark spots) and stretch marks.

It's important to be mindful of using ingredients which are known to be pregnancy safe. You must avoid Vitamin A, Hydroquinone and Salicylic Acid. Please seek advice when starting a new product

Skin Consultation and Analysis £50

(Fully redeemable against any retail product)

DIBI Express Facial £60

An Enzyme Peeling Mask followed Hydrating Mask
for maintenance of healthy skin

DIBI White Science Facial £100

A Brightening Facial to target uneven skin tone and hyperpigmentation

Course of 5 **£500**

(including Brightening Serum worth **£65**)

DIBI Age Method Facial £100

A restoring treatment to repair damage caused by hormonal ageing.

Suitable every 4-6 weeks

Course of 5 **£500**

(including Deluxe Balm worth **£64**)

DIBI Filler Code Facial

A targeted treatment to reduce wrinkles and improve texture **£100**

Course of 5 over 5 weeks **£500**

(including 7 day treatment worth **£45.60**)

DIBI 24 Carat Gold Facial £130

The ultimate facial for dull and tired looking skin

Suitable every 4-6 weeks

Course of 3 **£390**

(including SPF worth **£40**)

All DIBI Facials have optional for an Eye and Lip Treatment 'Add on'
for smoothing out fines lines and plumping out the peri-oral area **£25**

AnteAGE Pregnancy Facial £125

Stem Cell Growth Factor Needling Treatment to improve texture and tone of the skin.

Includes a Regenzyne Mask and Steam plus home care kit.

Course of 3 (plus Regenzyne Mask worth **£45**) **£375**

MENOPAUSAL SKIN

Changes in our reproductive organs can influence our skin – it can become more crepey, dry and itchy. You may experience more breakouts along the jawline and flare ups of psoriasis and eczema. Hair could be thinning on top whereas, you may be getting more hairs in the chin, upper lip area.

Skin Consultation and Analysis £50

(Fully redeemable against any retail product)

Dermalux 'Photo-Facial'

Anti-bacterial clinically proven LED Therapy to calm and repair

Course of 10 sessions **£540**

Maintenance Session **£60**

Add on to other treatments **£30**

3D-Hydr02Facial Time Express Facial £55

3 step facial to deep clean and improve skin quality

3D-Hydr02Facial Time Deluxe Facial £105

7 step facial to deep clean, brighten, hydrate and improve skin quality

DIBI Express Facial £60

An Enzyme Peeling Mask followed Hydrating Mask

for maintenance of healthy skin

DIBI White Science Facial £100

A Brightening Facial to target uneven skin tone and hyperpigmentation.

Course of 5 (includes LED worth **£150**) **£500**

DIBI Age Method Facial

'The Menopause Facial' - A restoring treatment to repair damage caused by hormonal ageing.

Suitable every 4-6 weeks **£100**

Course of 5 (includes LED worth **£150**) **£500**

DIBI Filler Code Facial £100

A targeted treatment to reduce wrinkles and improve texture

Ten years younger in 5 weeks

Course of 5 (includes 7 day homecare and 4 sessions of LED worth **£165.60**) **£500**

DIBI 24 Carat Gold Facial £150

The ultimate facial for dull and tired looking skin, includes RF to tighten and lift

Suitable every 4-6 weeks

Course of 3 (includes LED worth **£90**) **£450**

All DIBI Facials have optional for an Eye and Lip Treatment 'Add on' for smoothing out fine lines and plumping out the peri-oral area **£25**

AlumierMD Radiant/Glow Peel £120

This three-step treatment effectively rejuvenates at multiple layers with an enhancement mask, peel and booster, resulting in a brighter, smoother and retextured complexion. Includes Post Procedure Kit.

Course of 3 (plus LED worth **£60**) **£360**

Course of 6 (plus LED and Hypo21 worth **£165**) **£720**

AlumierMD Power+ Peel £150

This intensive treatment, using a potent combination peel for resilient skin with peeling experience, effectively rejuvenates at multiple layers with an enhancement mask, multi-layer peel and booster. This powerful treatment will dramatically retexture and refine your skin's surface, for ultimate skin health. Includes Post Procedure Kit.

Not suitable for sensitive or redness prone skins.

Course of 3 (includes free SPF worth **£40**) **£450**

Advanced Lift Facial

Combining Radiofrequency, Electroporation and Iontophoresis allows maximum absorption of actives into the deeper skin tissue. Stimulation of fibroblasts and new collagen results in plumper, tighter, firming looking skin. Course includes LED.

Course of 6 **£1050**

Maintenance (no LED) **£175**

Ultimate Life Facial

Radiofrequency, Electroporation, and Iontophoresis plus DIBI Milano Lift Creator Facial, Eye and Lip Treatment and LED Lifts, tightens and leaves the skin looking smoother.

Course of 6 **£1500**

(includes Lift Creator Super Intensive Rich Cream worth **£72**)

ACNE PRONE SKIN

Treating acne prone skin usually involves a combination of home care, skin vitamins and probiotics plus in clinic treatments, as well as lifestyle changes. Consistency is the key here and sometimes things will get worse before they get better – remember there is only one way to clear the skin out!

Skin Consultation and Analysis £50

(Fully redeemable against any retail product)

Dermalux 'Photo-Facial'

Anti-bacterial clinically proven LED Therapy to calm and repair

Course of 10 sessions **£540**

Maintenance Session **£60**

Add on to other treatments **£30**

3D-HydrO2Facial Clear Express Facial £55

3 step facial to clear congestion and improve skin quality

3D-HydrO2Facial Clear Deluxe Facial £105

7 step facial to clear congestion, brighten, hydrate and improve skin quality

AlumierMD Radiant/Glow Peel £120

This three-step treatment effectively rejuvenates at multiple layers with an enhancement mask, peel and booster, resulting in a brighter, smoother and retextured complexion. Includes Post Procedure Kit.

Course of 3 (plus LED worth **£60**) **£360**

Course of 6 (plus LED and Hypo21 worth **£165**) **£720**

AlumierMD Power+ Peel £150

This intensive treatment, using a potent combination peel for resilient skin with peeling experience, effectively rejuvenates at multiple layers with an enhancement mask, multi-layer peel and booster. This powerful treatment will dramatically retexture and refine your skin's surface, for ultimate skin health. Includes Post Procedure Kit.

Not suitable for sensitive or redness prone skins.

Course of 3 (includes free Hypo21 worth **£45**) **£450**

Advanced Healing Facial

Combining Radiofrequency, Electroporation and Iontophoresis allows maximum absorption of boosters into the skin to target hydration and reduction of oil, whilst promoting new collagen and elastin. Course includes LED.

Course of 6 **£1050**

Maintenance (no LED) **£175**

SkinPen and AnteAGE Microneedling with LED £230

Gold standard for treatment of scarring.

Other indications include stretch marks, post surgery scars and pores.

Using Stem Cell Growth Factor from AnteAGE, we reduce downtime and speed up healing for better clinical results.

Includes post care kit.

Course of 3 (plus LED worth **£90**) **£690**

Course of 6 (plus LED worth **£180**) **£1380**

Perfect Peel

A deep peel to fight oxidative damage and brighten the skin using key ingredient Glutathione.

A consultation with Dr Bhogal is required before.

Packages start from **£500**

ROSACEA/ REDNESS PRONE/ SENSITIVE SKIN

Treating Rosacea and Sensitive Skin needs a step wise approach.

A good home protocol is essential to encourage a healthy skin barrier, repair and hydration.

Skin Consultation and Analysis £50

(Fully redeemable against any retail product)

Dermalux 'Photo-Facial'

Anti-bacterial clinically proven LED Therapy to calm and repair

Course of 10 sessions **£540**

Maintenance Session **£60**

Add on to other treatments **£30**

3D-Hydr02Facial Clear Express Facial £55

3 step facial to clear congestion and improve skin quality

3D-Hydr02Facial Clear Deluxe Facial £105

7 step facial to clear congestion, brighten, hydrate and improve skin quality

DIBI Procellular Facial £130

Targeted treatment for delicate and sensitized skins, combining dermobiotics to regenerate the reticular dermis.

Can be done 1-2 a week

Course of 4 **£520**

(includes 7 days Recovery Treatment worth **£66**)

DIBI Acid Infusion Peel

A resurfacing treatment stimulating skin tissue renewal and fighting the signs of ageing and photo damage.

Recommended course of 3 weekly sessions, repeat after 5 weeks.

Course of 3 **£330**

(includes Intensive Peeling Cleanser worth **£32**)

AlumierMD Radiant 30 Peel £120

This three-step treatment effectively rejuvenates at multiple layers with an enhancement mask, peel and booster, resulting in a brighter, smoother and retextured complexion. Includes Post Procedure Kit.

Course of 3 (plus LED worth **£60**) **£360**

Course of 6 (plus LED and Hypo21 worth **£165**) **£720**

Advanced Calming Facial

Combining Radiofrequency, Electroporation and Iontophoresis allows maximum absorption of calming and healing actives into the deeper skin tissue, whilst promoting new collagen and elastin. Skin appears less red, irritated and inflamed. Course includes LED.

Calming and Relief Boosters and LED

Course of 6 **£1050**

Maintenance (no LED) **£175**

PIGMENTATION/ MELASMA

Whether you have noticed hormonal pigmentation changes, prone to blemishes after breakouts or seen more pigmentation after previous treatment, a full history will help us choose the right treatment for you. Remember AKB's number one rule; SPF All Day Every Day! Sun Protection, Antioxidant Protection, Improved Cell Renewal and Melanin Suppression, all play key roles.

Skin Consultation and Analysis £50

(Fully redeemable against any retail product)

3D-Hydr02Facial Bright Express Facial £55

3 step facial to brighten and improve skin quality

3D-Hydr02Facial Bright Deluxe Facial £105

7 step facial to deep cleanse, brighten, hydrate and improve skin quality

DIBI White Science Facial £100

A Brightening Facial to target uneven skin tone and hyperpigmentation

Course of 5 (includes LED worth **£150**) **£500**

DIBI 24 Carat Gold Facial £150

The ultimate facial for dull and tired looking skin,

includes RF to tighten and lift

Suitable every 4-6 weeks

Course of 3 (includes LED worth **£90**) **£450**

All DIBI Facials have optional for an Eye and Lip Treatment 'Add on' for smoothing out fine lines and plumping out the peri-oral area **£25**

AlumierMD Radiant/Glow Peel £120

This three-step treatment effectively rejuvenates at multiple layers with an enhancement mask, peel and booster, resulting in a brighter, smoother and retextured complexion. Includes Post Procedure Kit.

Course of 3 (plus LED worth **£60**) **£360**

Course of 6 (plus LED and Hypo21 worth **£165**) **£720**

AlumierMD Power+ Peel £150

This intensive treatment, using a potent combination peel for resilient skin with peeling experience, effectively rejuvenates at multiple layers with an enhancement mask, multi-layer peel and booster. This powerful treatment will dramatically retexture and refine your skin's surface,

for ultimate skin health. Includes Post Procedure Kit.

Not suitable for sensitive or redness prone skins.

Course of 3 (includes SPF worth **£40**) **£450**

Advanced Brightening Facial

Combining Radiofrequency, Electroporation and Iontophoresis allows maximum absorption of boosters into the skin to target hydration and reduction of oil, whilst promoting new collagen and elastin. Course includes LED.

Brightening Boosters and LED

Course of 6 **£1050**

Maintenance (no LED) **£175**

SkinPen and AnteAGE Microneedling with LED £230

Using Brightening Serum (Transemic Acid) from AnteAGE, we reduce downtime and speed up healing for better clinical result, leaving skin brighter, clearer and smoother.

Includes post care kit.

Course of 3 (plus LED worth **£90**) **£690**

Course of 6 (plus LED worth **£180**) **£1380**

'PROAGEING' MENU

As we age, our collagen, elastin and hydration deplete. The skin loses elasticity, becomes drier and fine lines and wrinkles become more apparent. Working at a cellular level, we can change the behaviour of skin cells to encourage the formation of these vital elements to promote youthful looking skin. At AKB Aesthetics, we embrace growing older gracefully and promote healthy skin.

Skin Consultation and Analysis £50

(Fully redeemable against any retail product)

Dermalux 'Photo-Facial'

Rejuvenating clinically proven LED Therapy to stimulate collagen up to 200%

Course of 10 sessions **£540**

Maintenance Session **£60**

Add on to other treatments **£30**

3D-HydrO2Facial Time Express Facial £55

3 step facial to deep cleanse and improve skin quality

3D-HydrO2Facial Time Deluxe Facial £105

7 step facial to deep clean, brighten, hydrate and improve skin quality

DIBI Express Facial £60

An Enzyme Peeling Mask followed Hydrating Mask for maintenance of healthy skin

DIBI White Science Facial £100

A Brightening Facial to target uneven skin tone and hyperpigmentation
Course of 5 (includes LED worth **£150**) **£500**

DIBI Age Method Facial

'The Menopause Facial' - A restoring treatment to repair damage caused by hormonal ageing.

Suitable every 4-6 weeks **£100**

Course of 5 (includes LED worth **£150**) **£500**

DIBI Filler Code Facial £100

A targeted treatment to reduce wrinkles and improve texture

Course of 5 (includes 7 day homecare and 4 sessions of LED worth **£165.60**) **£500**

DIBI 24 Carat Gold Facial £150

The ultimate facial for dull and tired looking skin, includes RF to tighten and lift

Suitable every 4-6 weeks

Course of 3 (includes LED worth **£90**) **£450**

All DIBI Facials have optional for an Eye and Lip Treatment 'Add on' for smoothing out fine lines and plumping out the peri-oral area **£25**

AlumierMD Radiant/Glow Peel £120

This three-step treatment effectively rejuvenates at multiple layers with an enhancement mask, peel and booster, resulting in a brighter, smoother and retextured complexion. Includes Post Procedure Kit.

Course of 3 (plus LED worth **£60**) **£360**

Course of 6 (plus LED and Hypo21 worth **£165**) **£720**

Perfect Peel

A deep peel to fight oxidative damage and brighten the skin using key ingredient Glutathione.

A consultation with Dr Bhogal is required before.

Packages start from **£500**

AlumierMD Power+ Peel £150

This intensive treatment, using a potent combination peel for resilient skin with peeling experience, effectively rejuvenates at multiple layers with an enhancement mask, multi-layer peel and booster. This powerful treatment will dramatically retexture and refine your skin's surface, for ultimate skin health. Includes Post Procedure Kit.
Not suitable for sensitive or redness prone skins.

Course of 3 (includes SPF worth **£40**) **£450**

Advanced Lift Facial

Combining Radiofrequency, Electroporation and Iontophoresis allows maximum absorption of actives into the deeper skin tissue. Stimulation of fibroblasts and new collagen results in plumper, tighter, firming looking skin. Course includes LED.

Course of 6 **£1050**

Maintenance (no LED) **£175**

Ultimate Life Facial

Radiofrequency, Electroporation, and Iontophoresis plus DIBI Milano Lift Creator Facial, Eye and Lip Treatment and LED Lifts, tightens and leaves the skin looking smoother.

Course of 6 **£1500**

(includes Lift Creator Super Intensive Rich Cream worth **£72**)

SkinPen and AnteAGE Microneedling with LED £230

Gold standard for treatment of scarring.
Other indications include stretch marks, post surgery scars and pores.
Using Stem Cell Growth Factor from AnteAGE and LED Therapy, we reduce downtime and speed up healing for better clinical results.

Includes post care kit.

Course of 3 (plus LED worth **£90**) **£690**

Course of 6 (plus LED worth **£180**) **£1380**

EYE BOOSTERS

BeautifEye

A cocktail of 59 ingredients to revitalise, hydrate and brighten the eye area.

Smoothen out crepiness and fine lines

Course of 3 **£450**

Additional Eye Recover Mask per and HA Youth Mask

Course of 3 **£520**

Light Eyes

A brightening cocktail of Vitamin C, blueberry extract to help rejuvenate the under eye area

Course of 3 **£570**

(includes Alumier Retinol Eye Gel worth **£62**)

Nucleofill

Bio-stimulation, remodelling and skin tightening using PNs to increase hydration and rejuvenate the eye area safely.

2 sessions **£500**

Can be used in the face to emulate collage and elation, improve twelve/quality of rthe skin. The result, a more youthful glow.

2 sessions **£500**

NECK BOOSTERS

BioNutriNeck

Specifically designed to target this delicate area which is continually exposed. Filling fine lines, moisturising, adding radiance and tone boosting for tired-looking necks.

Course of 3 **£450**

Prophilo

Hydrate the neck area using the highest concentration of HA to boost collagen and elastin leaving neck looking smoother, more even toned and radiant. Includes a peel prior to treatment

2 sessions **£500**

DesoFace

Areas such as double chin, jowls and neck fat. Perfect to reduce stubborn fat pockets difficult to loose with diet or physical activity.

2 sessions 5 weeks apart

2 sessions **£300**

Radiofrequency

Multipolar radiofrequency can be used to stimulate collagen and elastin to tighten and smoothen the neck area.

BODY TREATMENTS

Prophilo Body

Specifically designed for the body. High concentration of HA to hydrate, smoothen and rejuvenate areas of the body like stomach, under arms, décolletage

2 sessions **£600**

DesoBody

Used to target areas where stubborn fat pockets form such as abdomen, flanks, back, underarms, upper and lower arms, bra fat and inner thighs.

2-4 sessions, 5 weeks apart

1 session **£220**

4 sessions **£770**

Hair Rejuvenation

Using SkinPen, we microneedle Hair Growth Serum from AnteAGE into the scalp to awaken the hair follicle for thicker, stronger, healthier looking hair

Course of 5 **£1600**

(includes home care kit and LED worth **£310**)

 dramritakbhogal@gmail.com

 07540 943655

 AKB Aesthetics

 @akb_aesthetics

Bedford: The Happy Body Project Wellness Centre, MK45 3RD
Leighton Buzzard: Premier Clinic Enterprises, LU7 3HH
Northampton: Bare Beauty Aesthetics, NN1 5DQ